

Nutrition Across the Curriculum

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Lunches Served with White Milk		Hotdog Pasta Salad Apple	Cheeseburger Corn Potato Salad Peaches	Turkey Wrap Fresh Carrots Fruit Cocktail	No School	
2	No School	Ham & Cheese Sandwich Green Beans Tropical Fruit	Sloppy St. Joe Potato Wedges Pears	Turkey Sandwich Bean Salad Fruit Cup	Pizza Sticks Veggie Fruit	
9	Pancakes Sausage Maple Roasted Sweet Potatoes Berries w/Cream	Not Your Mama's Grilled Cheese Tomato Soup Fruit Salad	Meat Ball Sub Corn Pineapple	Chicken Wrap Fresh Cauliflower Grapes	Chicken Ranch Pizza Veggie Fruit	
16	French Toast Sticks Bacon Hash Brown Blueberries	Beef stew Roll Applesauce	Chicken Nuggets Baked Beans Fruit Cocktail	Steak Salad Roll Apple Juice	Peperoni Pizza Veggie Fruit	
23/30	Breakfast Burrito Whole Potatoes Peaches W/Yogurt	Veggie Soup Roll Apricots	Cheeseburger Cheesy Potatoes Tropical Fruit	Chicken Parmesan Garlic Bread Zucchini Peaches	Power Up Pizza Veggie Fruit	

An apple a day keeps the doctor away. – Benjamin Franklin