

# Nutrition Across the Curriculum

# November 2018

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

				Spinach Salad w/Grilled Chicken Orange <sup>1</sup>	Meat Lovers Pizza Veggie Fruit <sup>2</sup>	<sup>3</sup>
<sup>4</sup> <b>Veterans Day</b>	<sup>5</sup> Creamed Chicken Over Biscuits Mashed Potatoes Peaches	<sup>6</sup> Corn Chowder Garlic Bread Oranges	<sup>7</sup> Cheese Quesadilla Carrots Tropical Fruit	<sup>8</sup> Banana Breakfast Wrap Turnips Grape Salad	<sup>9</sup> Pizza Stick Veggie Fruit	<sup>10</sup>
<sup>11</sup>	<sup>12</sup> Breakfast Sandwich Brussel Sprouts Melon Mix	<sup>13</sup> Wedding Soup Mixed Vegetables Roll Fresh Pear	<sup>14</sup> Sloppy St. Joe Cream Corn Applesauce	<sup>15</sup> Loaded Pasta Salad Fresh Veggies Fresh Peach	<sup>16</sup> Garlic Bread Pizza Veggie Fruit	<sup>17</sup>
<sup>18</sup>	<sup>19</sup> Johnny Marzetti Cooked Broccoli Strawberries	<sup>20</sup> Ham & Bean Soup Roll Baked Apples	<sup>21</sup> Chicken Casserole Lima Beans Peaches	<sup>22</sup> <b>No School</b> <b>Happy</b> <b>Thanksgiving</b>	<sup>23</sup> <b>No School</b>	<sup>24</sup>
<sup>25</sup>	<sup>26</sup> <b>No School</b>	<sup>27</sup> Creamy Chicken & Dumpling Soup Corn Applesauce	<sup>28</sup> Lasagna Roll Garlic Bread Green Beans Pear	<sup>29</sup> Fish Sandwich Corn on the Cob Apricots	<sup>30</sup> Pizza Burger Veggie Fruit	

*Everything tastes better when it's made with love!*